**Wish List**

**Food – Think Protein!**
- Canned Tuna & Meat
- Peanut Butter & Jelly
- Spaghetti Sauce & Pasta
- Rice & whole grain cereals
- Canned Fruit & applesauce
- Low-sodium vegetables
- Oatmeal
- Macaroni & Cheese
- Beans – dry or canned
- Soups, stews & chili with meat
- Nutritious kid’s snacks – whole grain crackers & granola bars

**Toiletries**
- Shampoo, Conditioner, Soap or Liquid Body Wash, Lotion, Feminine products
- Laundry Detergent, Toothpaste, Toothbrushes, Deodorant, Razors

**Clothes**
- Men’s and children’s clothing – all sizes
- Shoes (all types)

**Other:**
- Empty prescription/vitamin pill bottles with screw-on lids
- Plastic or paper grocery bags (for clients to carry items home)
- 13-gallon drawstring garbage bags (for client clothing)
- Ziploc bags (for toiletries)
- Bottled Water

**Baby Needs**
- Clothing
- Diapers (sizes 3-5, including pull ups)
- Baby Wipes
- Infant Formula
- Baby Food

**Need help coordinating a drive? Just contact us to get started!**

*Thank you, your donations will help many families in need!*

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