

# **BASIC NEEDS LIST**

## ***benefitting ICM Food & Clothing Bank***

*The need for donations is constantly growing. ICM Food & Clothing Bank is serving 120+ families a day, 6 days a week. Most of our clients are working poor with low paying jobs and not enough money to handle all of the emergencies' life can hand out, others are the disabled and elderly, many raising their grandchildren. Children in families make up over 50% of all ICM clients.*

*The items collected from this drive will be used to help less fortunate families.*

Below are suggested items for your donation:

- Clothing – Men's, Women's & Children's
- Shoes
- Undergarments & Socks
- Hair & Make up items
- Kitchen Items
- Bedding & Linens
- Bathroom Accessories, Towels & Washcloths
- Rugs, Lamps, Decorative Items, Mirrors etc.
- Empty Prescription Bottles *(used to dispense toiletries into smaller amounts to help more families in need!)*
- Toiletries — *soap, shampoo, laundry detergent, toothbrushes/paste, razors, deodorant.*
- Tuna or other canned meats
- Peanut Butter and Jelly
- Rice, Noodles, Baking Mixes, Dried or Canned Beans
- Canned goods:
  - *Fruits, Vegetables, Soup, & Pasta/Tomato Sauce*
  - *Cereal*
  - *Crackers*
- Any non-perishable food items